



It's time for the highly anticipated Life Teen Fall Retreat (Nov 3-5)!

This time away will give high school teens an opportunity to reflection their lives and their relationship with Christ. Retreats give them a chance to step away from their often

busy, stressful, and distracting lives, and quiet themselves; be still and just "BE" in the presence of the King. Our retreats are packed full of fun activities, good food, inspiring talks and peer witnesses, deep discussions, Mass and the Sacrament of Reconciliation, and face-to-face time with Jesus during Eucharistic adoration.

The teens will be spiritually refreshed as they head back to "real life." Their time on retreat will not be forgotten and they will move forward with stronger friendships rooted in Christ.

Please pray for the teens attending this weekend and for the adults who will be serving them. Pray that they will encounter the incredible power of God's grace to convert and transform their lives. Pray that this retreat will empower the teens to live for Jesus and become an unstoppable force of God's grace in their world!

Theresa Zickert de Krom

St. Helen Life Teen Youth Minister

Forms!

- FALL RETREAT FORMS
 ARE HERE! (spots are limited!)
- Let us know of your teen's upcoming events!
 Use <u>THIS FORM</u> we'd love to support them!

Weekly Ministries

10.8.23

Mass & Life Night: Sun 5-8pm Music Club: Tue 6-7:30pm

Retreat Team: Wed 6:30-8:30pm

NDCL Impact: Fri 10:50-11:20am

Upcoming Events

- March for Life Ohio 10.6
- XLT 10.15
- Eucharistic Revival Youth Rally 11.1
- Fall Retreat 11.3-11.5
- CLE 2:16 Conference 1.6.24
- Spring Retreat 2.23.24-2.25.24

For More Information

- @ esthelenlt
- asthelenlt
- www.sthelenlifeteen.com
- <u> lifeteen@sthelen.com</u>