



## We had so much fun at last Sunday's Life Teen Carnival Kickoff!

This <u>Sunday, September 24th</u>, our Life Night, "Uncontainable Contents," will focus on helping the teens to understand how God desires to relate to us communally and personally, in tangible and intimate ways through the Blessed Sacrament.

Living a Sacramental life strengthens us. Jesus is all we really need! We are never abandoned by Jesus or alone. We always have access to Him! The most intimate connection we can have with Jesus is through the Eucharist. The Eucharist also strengthens us to continue the work God has called us to do.

Our prayer is for the teens to know that each one of them is fundamentally a GIFT, God loves and enjoys them beyond comprehension, and He wants to share His life with them!

Theresa Zickert de Krown
St. Helen Life Teen Youth Minister



- Let us know of your teen's upcoming events! We'd love to support them! Use <u>THIS</u> <u>FORM</u> to fill us in!
- Help us organize all our contact information by subscribing to our newsletter HERE!

## <u>Weekly</u> <u>Ministries</u>

Mass & Life Night: Sun 5-8pm

Music Club: Tue 6-7:30pm

Retreat Team: Wed 6:30-8:30pm

9.24.23

NDCL Impact: Fri 10:50-11:20am

## **Upcoming Events**

- Life Chain 10.1 (1-2:30pm)
- LTLC '22 & '23 Reunion 10.1 (2:30-4pm)
- March for Life Ohio 10.6
- Eucharistic Revival Youth Rally 11.1
- Fall Retreat 11.3-11.5
- Spring Retreat 2.23.24-2.25.24

## For More Information

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