



LIFE TEEN

Leading Teens Closer to Christ



Dear Parents,

I would like to invite you and your high school teens to Life Teen either again or for the first time! This Movement of the Holy Spirit will not be just another thing on your teens' plates, but something powerful, enriching, life-giving, and worthy of their time. Our mission in Life Teen is to create an environment that leads high school teenagers into a relationship with God through Jesus Christ and His Church. This mission is accomplished through the celebration of the Mass, weekly Life Nights, retreats, leadership conferences, social justice/service projects, Bible studies, Eucharistic Adoration, Girls'/Guys' Night ministries, and so much more – all which work together to build up and enrich the lives of teenagers, encouraging them to become servant leaders for Christ. And, they will have so much fun coming to know, love, and serve Jesus!

Our hope and prayer is that they will come every week to the 5pm Mass (we hope to see your whole family too!), Life Nights, special events, and to the retreats so that their faith will continue to grow, they form Christ-centered friendships, and fall more in love with Jesus and desire to follow Him always!

A big focus this semester will be what many Christians find to be the biggest mystery of our faith: The Eucharist. The goal is for teens to embrace the true presence of Christ in the Eucharist – Body, Blood, Soul, and Divinity – and to reveal God's enduring presence in the Catholic Church.

Our ministry is dedicated to the Blessed Virgin Mary so that we may be led to the feet of her Son with everything she exemplified. Please know that we are asking for her powerful intercession as we lift your family in prayer. Please pray for us!

With so many amazing events on the horizon **please read the newsletter below** as deadlines for some events are quickly approaching. And don't forget to sign up for our new weekly Newsletter!

In the joy of Christ,

Theresa Lickert deKrom

St. Helen Life Teen Youth Minister

Sundays

XLT - Eucharistic Adoration

THIS SUNDAY following 5pm Mass.

Fall Kickoff- Life Teen Carnival

9/17- Mass @ 5pm

Carnival until 8:30

Weekly Life Mass & Life Nights

Every Sunday 5-8pm

Upcoming Events

Ohio March for Life Bus Trip

Friday 10/6 - register soon

Eucharistic Revival Youth Rally

with Bishop Malesic

Wednesday 11/1 - register soon

Fall Retreat @Camp Burton 11/4-11/6

Stay in touch

Register you and your teen for our new weekly Newsletter and text updates: [HERE](#)

Let us know of your teen's upcoming events! We'd love to come support them! Use [THIS FORM](#) to fill us in!

Weekdays

IMPACT - Faith & Scripture Sharing

Tuesdays @ St Helen 11:30-12:30pm

Fridays @ NDCL 10:50-11:20am

Retreat Team - Fall Retreat Planning

Wednesdays @ St Helen

starting 9/13 - weekly until retreat

(juniors and seniors only)

Girls'/Guys' Ministries

Tuesday 9/19 7-8:30pm

Liturgy Planning - with Fr. Jay

Tuesday 9/12 @ his house 6-7:30pm

Life Teen Music Club -

Tuesday 9/26 @ St Helen 6-7:30pm

For More Information, resources & forms:

 www.sthelenlifeteen.com

 [@sthelenlt](https://www.instagram.com/sthelenlt)

 [@sthelenlt](https://www.facebook.com/sthelenlt)

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